Principal’s Message

NAPLAN

Congratulations to all students in Year 7 and 9 who participated in NAPLAN last week. By all accounts the students behaviour was outstanding and a credit to their commitment to the task at hand. A special thank you to Mr Wade, our Head Teacher Mathematics who coordinated the event.

INDIGENOUS WINTER SCHOOL

Congratulations to Tahlia Brice Year 10 who has been chosen to participate in the Indigenous Winter School though the Nura Gili Indigenous Program at UNSW in the area of performing arts. As this is a national selection process it is a prestigious honour that Tahlia was successful. Tahlia will attend this program during the next school holidays.

YEAR 10 SUBJECT INFORMATION

Currently Year 10 are receiving information in their career lessons on subjects that may be available in 2014 at Kadina High School and how they may access subjects that maybe on offer at Richmond River and Lismore High School. Families are invited to attend an information evening at Lismore Workers Club on 4th June at 6.30pm. The meeting should go for approximately an hour and a half. During the evening speakers from TAFE and Southern Cross University will also present on pathway options in the HSC years. Further information on Pathway options will be presented on the evening. In the weeks after the meeting Year 10 students will have an opportunity to discuss subject options with either their classroom teachers and or Head Teachers in preparation of their subject selections. Parents wishing to discuss subject options are invited to attend a session in the school library on Monday June 17th from 6pm, where Head Teachers will be available to answer an inquiries relating to specific subjects.

PRINCIPAL FOR A DAY

Students are encouraged to take the opportunity to participate in the Principal for a Day initiative. If any student would like to take the opportunity to sit in the principals chair and see the school from my eyes ask them to see Ms Knight for further details.

Ian Davies
Principal

Diary Dates

May 20 - 28
Year 11 Exams

May 31
Athletics Carnival

3 June
HSC Music Day - SCU

4 June
LCROSS info evening LWC

6 June
HSC Study Day SCU

17 June
6pm Yr 11 2014 Parent Info Expo in the School Library

7.30 P & C Meeting Library

SUBSCRIBE ME!!...........

I would like to remind parents you can subscribe to the school newsletter email distribution list. It is easy and it is free. All you have to do is log into whichever email account that you would like to receive the email from and send an email to: kadina-h.admin@det.nsw.edu.au with “subscribe me” in the subject line.

LATE FOR SCHOOL

Please support your children by encouraging them to arrive on time. All late arrivals need to be supported by a note with your child’s name and roll class signed by a parent/guardian explaining the reasons for the lateness.

For your convenience

Kadina now has EFTPOS for the payment of excursions or fees, no need for cash!
AIME 2013: On Friday our Year 9 -12 Aboriginal students took part in the first of four mentoring sessions at Southern Cross University. The Australian Indigenous Mentoring Program (AIME) is an Australia Wide program that inspires students by using university students as mentors and role models...and they know how to make it fun!!!
PASS Excursion May 6th-8th

At 9:00am on the 6th May, we left Kadina High School for Tallebudgera Recreation Camp on the Gold Coast. When we arrived we got a briefing on the rules of the camp and got our room assignments. After about 20mins we got split up into Year 9 & 10, one group went Stand-up Paddle Boarding and the other went to Initiative Games. Luckily we got Stand-up Paddle Boarding first. It was so much fun, challenging for some and easy for others. For me it was challenging. It took a while for me to get the hang of it, while the others got it easily.

In the afternoon Year 9’s did the Initiative Games. When we got there we got split in to groups of 5 and went off to our challenges. In the first challenge, we had to get a piece of pipe off a pole using 4 ropes and a rubber circle without going into the rope circle around the pole. Our group got it after 15 minutes. Then the next challenge was to use two planks of wood with ropes on them and as a team, we had to walk on them around a cone and a tree to the start in under 10 minutes. Our group got it done under that time but we got so many points deducted because people’s feet kept on touching the ground.

We then had to change groups and then we did the other challenges. The third challenge involved planks of wood. We had to use the wood to get from one cone to the other, we did it easily. The next one was easy, well sort of. We had to go across a large tarp with squares on it. Under the squares were things like arrows, or words and bombs. If you got a Bomb, you died and had to go back to the beginning. We finished it in a flash. In the end our scores from all of the challenges were tallied to see who the winner was, but we were tied!

After dinner we went to the gym and played volleyball (Year 9 won!!). After that we had a choice to play basketball or cricket. I played cricket. At 10:00pm we went to bed very tired and ready for another great day.

At 7:30am the next morning we went for breakfast. After that we all went to Kayaking. It was really fun; we kayaked down the river and played games. After that we got on the bus to Indoor Rock Climbing. We went upstairs to have hotdogs and donuts for lunch. We then went to the walls to start our rock climbing training. It was so high! We had so much fun climbing the walls and other things in the centre. We then went back to camp and went to the beach for a walk, only to be washed out by the rain. After dinner that night we went to Robina to watch a movie.

The last day at camp was fun. We spent most of the morning Surfing and having fun in the water. Later we had pizza and cakes before boarding the bus home. At 2:30pm we arrived back at Kadina, finishing our amazing time at PASS camp! Thanks to Mr. Matthias and Ms. Burchall for organising such an amazing camp.

By Mikaela Cooper, Year 9
May 2013

Athletics Carnival – Riverview Park
Friday 31st May – 2013

Information for Parents and Students

ALL students are expected to attend. Absences must be explained by note to the school.

Students go to the MPC for an Assembly at 9.00am. They will then be sent to buses in year groups. There will be no roll call at school. Year 12 may drive or be a passenger as long as they have permission from the school in the form of a school car pass.

Students will assemble in HOUSE AREAS at Riverview Park for ROLL MARKING in HOUSE/ YEAR GROUPS, e.g. Year 7 Bradman, Year 8 Bradman etc. Rolls will also be marked in the same house areas at the conclusion of the carnival (approx. 2.30pm) before buses take students back to school by 3.00pm.

BUS FARE is $3.00 and is to be paid when boarding the bus. CORRECT MONEY IS ESSENTIAL to avoid delays when boarding buses.

The school canteen will operate at the venue or students can bring their own lunch and drinks. Year 12 will also be holding a fundraising food stall.

Students can wear school sports uniform or appropriate house coloured clothing. Covered footwear is compulsory!

Students will NOT be allowed to leave the venue during the day without written permission.

Please be SUN SAFE (slip, slop, slap, wrap and shade). Sunscreen will be available at the Announcer area.

If the carnival has to be cancelled due to wet weather a message will be posted on Kadina’s Facebook page by 7.00am.

Students and staff then proceed to school for normal FRIDAY WEEK A lessons.

The Northern Rivers Zone Carnival is on Friday 21st June also at Riverview Park in Lismore.

Yours in Sport

Mr Phil Dalli (Sports Organiser)

Ever wondered what it would feel like to be Principal for a Day?
On June 6 Kadina High School will be participating in a national event (www.sp4d.edu.au) coordinated by Principals Australia Institute.

Student Principal for a Day will provide a student representative with an opportunity to experience some of the elements of school leadership which make up the regular work of a principal. Through this national event, principals will get a chance to listen to the voice of their student principal and those participating around the country.

Students who are interested in participating please contact Ms Stacey Knight in the Science staffroom.
Year 10 Careers Expo at GSAC

On Friday the 17th of May, Year 10 attended the Careers Expo at the Goonellabah Sports and Aquatic Centre. We spent the morning wandering around the venue talking to professionals from all different fields of work. Students were actively involved in activities such as, bricklaying, cabinet making, welding and spray painting simulations, carpentry and the boys were straight into the racing car simulation machine. Students enjoyed their morning talking to all the representatives and especially loved all the free things they collected. However, all are now starting to think about their futures and how to get into the fields of their interest. This was an extremely valuable experience for the students and I would like to thank Miss Champion for organising the day, Irene Clarke and Jess Smyth for helping supervise the kids. A special thanks to all the students who displayed exceptional behaviour.

Kye Underhill
Year 10 Advisor
Debating Success!

Our senior debate team; Vienna Barker, James Foster, Taylor McBeath and Layla Sizer-Robertson, have performed well this season. They have won two out of three debates so far and have shown themselves to be both great speakers and well in control of the technical side of debating. They are an enthusiastic group always ready to take up challenges while also being reliable team players. It has been a pleasure to coach them.

Mrs Julie Bryant
Debating Coach

Thank you to local businesses
CONNECT Work Placement and the school would like to thank the following businesses for their ongoing support in taking vocational students to assist them in fulfilling the work placement component of their VET course.

- Youth Connections North Coast
- Lismore Lantern Parade
- The Bank
- Caroona Goonellabah

- Coffee Shots
- Lismore Workers Sports Club
- Star Court Theatre
- 92.9 River FM

Road Safety

The NRMA is supporting a Sydney Theatre Company play based on road safety that is touring NSW & the ACT. The play *Road Train - When the road and young drivers collide* is free for NRMA members and their families and will be playing in Lismore on Friday 24th May from 7.00pm-9.00pm. Tickets can be booked online via the mynrma website: [http://www.mynrma.com.au/roadtrain.htm](http://www.mynrma.com.au/roadtrain.htm)

NRMA Motoring & Services (NRMA) in conjunction with the Sydney Theatre Company (STC) have produced a new theatre production to raise road safety awareness amongst young people in NSW/ACT. NRMA has been concerned about the safety of young drivers across NSW for some time. To date in 2012, young drivers are involved in 22 per cent of fatal crashes while they make up only 13 per cent of licensed drivers. *Road Train* will promote key road safety messages, such as risk taking behaviours, to young people in an engaging and compelling way.
Being a Kadina student means that you:

CARE FOR YOURSELF
CARE FOR OTHERS
CARE FOR THE ENVIRONMENT
CARE ABOUT LEARNING

KADINA HIGH SCHOOL

A COLLECTION BIN IS LOCATED IN THE FRONT OFFICE FOR THE STICKERS FROM THE WOOLWORTH EARN AND LEARN. SUPPORT YOUR SCHOOL AND DROP THEM IN.

BRING CULTURAL EXCHANGE INTO YOUR HOME!

STS Student Exchange are seeking Aussie families who are busy, friendly, interested in other cultures and willing to welcome an STS exchange student into their family. Aussie families come from all walks of life and all cultural backgrounds, that’s what makes up our country. Our volunteer host families provide room & board and treat their host son or daughter as a member of their own family. Exchange students have their own spending money and medical insurance. While your exchange student is learning about Australian culture, your family members will learn about theirs. What a great way for your children to learn about another country!

CONTACT US TODAY TO START YOUR ADVENTURE IN STUDENT EXCHANGE!
1800 261 964 (charge free), 0401 741 754 (mobile)
Email: stsf@people.net.au
Web: stsf-education.com/australia
**Uniform Pool**

If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool. Just drop them off at the school canteen.

Your support is appreciated!

**Sickness Procedure**

1. First inform their teacher or any teacher if in the playground.
2. The student should then report to the main office with a note and
3. If necessary parents may be contacted. It is policy that parents are contacted, and asked, where possible, to pick up their child.

**Updated Information**

Do we have your current contact numbers? Please ensure we have your current details so we can contact you in cases your child becomes ill or injured.

**Navy Recruitment**

The Navy are recruiting now. There is a wide range of role available for Combat, Hospitality, Communications and Technical Trades and they all come with all the training you need. And you get full medical cover, travel and leave entitlements, rental assistance and even help to buy your own house. So, what is the catch? Well, you have to apply.

To find out more, come to the next Navy Information Session on Thursday 06th June at 6pm. Defence Force Recruiting – East Tower, Level 11, 410 Ann Street, Brisbane. To book your seat call 07 3016 2424 or email kgiannasca@dfr.com.au

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**Kadina News**

Kadina High School is proud to be partnered with AIME at SCU Lismore. AIME is committed to seeing Indigenous students finish school at the same rate as other Australians. Indigenous Students in Yr 9-12 are strongly encouraged to participate. Cindy Castella (AIME Program Manager) will be presenting to Indigenous students on the Thursday MAY 2 & the AIME Program days for Kadina are:

- FRIDAY 10TH MAY
- FRIDAY 26TH JULY
- FRIDAY 30TH AUGUST
- FRIDAY 18TH OCTOBER

**Learn About Yourself!**

As Marcel Proust, a late 19th century novelist wrote: “the real voyage of discovery consists not in seeking new landscapes but in having new eyes”. Volunteer to host an international high school student in July 2013 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in July for one term, one or two semesters from France, Italy, Germany, Sweden, Norway, Denmark, Finland, and Spain. They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Visit us at our website www.scce.com.au, email scceaustralia@scce.com.au or call us toll free on 1800 500 501, request our international student profiles, and capture the spirit of family and friendship.
TRIVIA NIGHT
ALL PROCEEDS TO SUPPORT AN INNOVATIVE, CARING SCHOOL

WHERE: SOUTH LISMORE BOWLING CLUB

COST: $50 per table (max 8 people per table)
Tickets available at South Lismore Bowling club-
CASH ONLY

WHEN: Saturday 25th May 2013
6.30 for 7pm start

BYO Nibbles (no hot food can be brought into the club)

FANCY DRESS - PRIZE FOR BEST TABLE

FOR MORE INFORMATION CONTACT: JESSIE 0400 381 037

Would you like to give your patients high-quality quit smoking support?

This register for our FREE one-day training

Invitation to attend the Smoking Care Intervention Training Workshop on Monday the 24th of June 2013.
This free one day training will explore why smoking is a social justice issue and will help participants to develop effective quit support skills.

Key Learning Outcomes include:
- Understand the impact of smoking on socially disadvantaged individuals
- Understand evidence-based approaches to quitting and the barriers to quitting
- Build confidence and skills to make smoking care part of your usual work

Date | 24.06.13
Time | 9:15 for 9:30am start – 4:30pm
Venue | Lismore Base Hospital – Staff cafeteria meeting room - Level 3
Address | 60 Urabia St, Lismore NSW 2480
Contact | Reena Colley – Health Promotion Projects Officer –
Lismore and District Women’s Health Centre
Email | hp@lismorewomen.org.au Phone | 02 66 218 800
RSVP | 12.06.13 Cost | Free Catering | Provided

www.addiction ראשון.com.au

RAISING MEN
Support your son's
journey into manhood
3 day camp & program for
boys 12-15 and their
father or male mentor.
13 – 16 June or
19 – 22 September
02) 6684 3892
info@raisingmen.com.au
www.raisingmen.com.au

FACT OR FICTION
Is there fact in your favourite science fiction film?

Is it possible to fight the dark side with a light saber?
Could you make yourself disappear with an invisibility cloak?
Can bacteria be teleported from one place to another?

Thursday
30 May
7.00pm

Lismore High School – Bailey St, Lismore

Bookings essential:
Email factorfiction@ansto.gov.au
with your contact details and number of tickets required.
Cost = gold coin donation at the door

Science Fact or Fiction is proudly presented by NRMA. Regarded fifteen and under must be accompanied by a parent or adult guardian.
ACCOUNTANCY/FINANCIAL PLANNING TRAINEESHIPS

WCA chartered accountants, a local accountancy firm established in 1922, are pleased to offer traineeships to locally based, motivated and career orientated Year 12 school leavers.

Traineeships combine university study with practical experience in the workforce through full-time paid employment. Trainees are provided with study leave and in-house training to assist them in successfully completing their degree.

Applications for traineeships may be directed to the Office Manager, swatts@wca-group.com.au up until 31 August 2013 with successful applicants beginning their traineeships in February 2014.

Applications throughout the year are still welcome and will be considered.

Any questions on Traineeships can be directed either to your careers adviser or Tony Bazzana at WCA chartered accountants on 6621 2581.

Lismore & District Women's Health Centre Inc.

invites you to a fundraiser screening of

YOGAWOMAN

Never underestimate the power of inner peace.

Narrated by Academy Award nominee Annette Bening

Tuesday 28th May 2013
from 5.30pm—8.30pm
at Rochdale Theatre
Ballina Road, Goonellabah

Tickets cost $20
(including soup & a roll)

Pre Purchase from the Centre
phone: 6621 9800
email: mail@lismorewomen.org.au

This fundraiser will enable the Centre to assist financially disadvantaged women to access needed health services.

www.yogawoman.tv

Young Endeavour Youth Scheme

are you aged 16-23?
looking for a challenge?
the 2013 ballot is now open
apply online for the adventure of a lifetime
ballot closes 31 May 2013

www.youngendeavour.gov.au