Principal’s Message

Executive Principal
The Rivers College position for Executive Principal was advertised last week and applications close on March 5. The Executive Principal will coordinate the Rivers Secondary College, which includes Kadina High School, along with Lismore and Richmond River High Schools. We are moving into a new and exciting phase in the development of the College with the appointment of the College Principal. An additional three positions specifically for the college should also be advertised next term. I would like to thank all staff, students and parents for the great start to the school year; we have moved into 2014 with a very positive feeling.

Year 7 2015
Mr Matthias has been visiting our partner primary schools prior to our Open Night for prospective parents and students. I have been pleased with the cooperation between Kadina High School and our partner primary schools and would like to thank the Principals of each of the schools for their support.

Our Year 7, 2015 Information Evening will be held from 6.30pm – 8.00pm on Wednesday March 12th.

SRC Induction
Congratulations to our student leadership team on their induction at the SRC Induction Assembly recently. We were pleased to have Mr Dan Sloan the Alumni Relations Manager from Southern Cross University as our special guest.

P & C News
The P&C AGM will be held in the school library at 7.30pm Monday March 10th. All parents are welcome to attend.

Ian Davies
Principal

Diary Dates

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<th>Date</th>
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<tr>
<td>10 Mar</td>
<td>P &amp; C AGM - 7pm Library</td>
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<td>12 Mar</td>
<td>Yr 7 2015 Info Evening</td>
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<td>31 Mar - 9 Apr</td>
<td>Year 12 Half Yearly Exams</td>
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<td>1 Apr</td>
<td>Yr 7 &amp; Yr 9(boys) Vaccinations</td>
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<td>10 Apr</td>
<td>Kadina Cross Country</td>
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Kadina High School invites you to our Year 6 into Year 7-2015 Information Evening

Wednesday 12th March 2014
6.30pm to 8pm in the MPC
An Innovative Caring School

Being a Kadina student means that you:
- CARE FOR YOURSELF
- CARE FOR OTHERS
- CARE FOR THE ENVIRONMENT
- CARE ABOUT LEARNING
Year 11 and 12 Music classes performed songs at the first official school function for the year, the SRC Induction Assembly. Year 12 performed a version of Matt Corby’s “Resolution”. Year 11 performed a version of “Happy” by Pharrell Williams.

After the MPC was set up for the assembly, Year 9 Music had the opportunity to test out the system.

Lunchtime rehearsals have resumed in Music 1: Guitar Group on Wednesday, Soul Band on Thursday and Beltane (Celtic instrumental) on Friday. New members are welcome. Please see Ms J if you play a band instrument or play guitar and can read tablature.

Mr Sassi has also formed a junior rock band. There may be some places available. Please see him if interested.

Georgia Knight of Year 11 has offered to assist in rehearsing a choir. Please come along to Music 1 on Mondays at lunchtime to enjoy singing activities.

A number of event applications are due. North Coast Regional Music Camp is held in May at Lake Ainsworth. If you haven’t received an application form, please see Ms J. Also, if there are any aspiring songwriters out there, you may be interested in competing in the Bluesfest Grommet Busking Competition for a chance to perform at Bluesfest over the Easter weekend. Please see Ms J for information or check out the Bluesfest website and follow the link.

Ms Johnstone, Music Teacher
2014 VACCINATIONS

Each year NSW Health offers the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2014 the following vaccines will be offered:
Years 7 – all students
HPV (human papillomavirus) vaccine – 3 dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school into Year 8)
Chickenpox (varicella) vaccine – 1 dose
Boostrix – (Diphtheria, tetanus and whooping cough) – 1 dose

Year 9 – boys only
HPV vaccine – 3 dose schedule at 0, 2 and 6 months

These vaccines are only free for the year.
Parents who want to vaccinate their child after they have finished their school year (i.e., Year 7 and Year 9 boys) can do so at their General Practitioners but it will not be free.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, they are advised to:
- read all the information provided
- complete the consent form by ticking the vaccines they would like their child to receive
- return to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school principal or phoning the school. The procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

A record of vaccination will be provided to each student vaccinated at the clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.

Vaccines missed at one school visit will be offered at the next visit. Parents will receive a letter at the end of the year only if their child’s vaccinations are not complete.

Parents with any questions or concerns can ring Bernadette at the Public Health Unit on 66 207503
Mrs Sonya Laverty will collect the information forms and is the Kadina High School contact person.

Mrs Sonya Laverty, Coordinating Teacher

CALCULATORS IN MATHEMATICS

Whilst we do not expect students in Year 7 & 8 (Stage 4) to have their own calculators, it would be advantageous for them if they had access to a scientific calculator at home for homework. The Mathematics Program is structured so that it is not until the second semester in Year 8 that a significant amount of concepts involving calculator use are addressed. In stage 4 we encourage students to have their own scientific calculators, however it is not compulsory.

In stage Years 9 to 12 (Stages 5 & 6), all students studying a mathematics subject MUST have their own scientific calculator. We are finding an increasing number of students relying on borrowing calculators from their mathematics teachers. Some students have even turned up to major examinations expecting to have a calculator provided. The only examinations where students can expect to have access to a loan calculator are the NAPLAN tests.

Kadina High School, NSW DEC and NSW Board of Studies policy is that calculators in phones and other like devices cannot be used in examinations. As such calculators in mobile phones may not be used in class.

Using a calculator is a skill which is taught explicitly in class. Students who do not have their own calculator do not have the ability to learn a specific calculator model. This will be a disadvantage in class and assessments.

At Kadina High School we prefer the Sharp EL-531 series calculators. These calculators can be purchased through the school canteen at a discounted price. Other scientific calculators are acceptable but may operate differently, especially when studying Statistics topics.

If there are financial reasons why a student cannot afford their own calculator they should discuss the problem with their teacher, the Head Teacher Maths (Mr Wade) or the Head Teacher Welfare (Mr Matthias).

We appreciate your support in providing the best learning opportunities for your son/daughter/ward in Mathematics.

Greg Wade, Head Teacher Mathematics
The University Roadshow that came to Kadina on Thursday 27th is an excellent program that helps Year 11 and 12 students prepare for university, select their university and the courses that are available. The hour long presentation covered all topics from how to apply to universities in different states, financial issues and solutions such as scholarships, accommodation including on and off campus options and all the exciting extra curricular activities found at university.

After the presentation every student had a chance for a one on one with students from the seven different universities. During these interviews they discussed all the opportunities of that university in the field to be studied. They also explained the marks needed to get into the course, what will be done in the course and how far it can take you.

Overall the University Roadshow is a great opportunity and experience for senior students to get a taste of what their future university life could entail and how to get over the small bumps along the road.

*Jessica Kent, Year 12 Student*
TWO GREAT SCIENCE COMPETITIONS FOR ALL STUDENTS TO ENTER

The Kadina Science Faculty will provide an opportunity for all students from Year 7 to 12 to challenge themselves in various competitions and events throughout the year. The first two competitions that all students have the opportunity to participate in are the RACI National Chemistry Quiz and the Big Science Competition. These competitions are open to students of all abilities. Each student who takes part will receive a certificate as well as detailed feedback on their performance in the competition.

Entry forms are available from your Science teacher or the Science Staffroom. All entries must be paid for by the due date to be eligible to sit the tests.

Big Science Competition - May 2014

The Big Science Competition has 30 questions and challenges students’ to think critically and solve scientific problems. By using everyday examples, it raises awareness of the role science plays in the world around us. The Big Science Competition will be held in school between 21 and 28 May 2014.

Entry is $7.00. Entry forms and payment must be in before the 7th April. For more information visit www.asi.edu.au

RACI 2014 Australian National Chemistry Quiz - Thursday 19 June

The quiz consists of 30 multiple-choice questions.

The Quiz is a unique chemical education activity. It provides a major focus for secondary school students on the relevance of chemistry in an exciting and stimulating way.

For more information and sample questions, visit the website: www.ancq.com

Entry is $5.00. Entry forms and payment must be in before the 30th April.

Participation in these Science competitions is voluntary; however, we encourage all students to enter. Please get a permission note from the Science Staff Room or your Science teacher. The permission notes and payment should be returned to the front office by the due dates.

Mr Wilkes, Science Faculty
Now there’s another way to improve mental wellbeing.

Introducing NewAccess.

Nearly three million Australians live with depression and/or anxiety, yet only a third currently access support. NewAccess is an early intervention program designed to provide free and easily accessible services for people with mild to moderate depression and/or anxiety.

The NewAccess program is the result of four years of research and collaboration in Australia and is based on the highly successful UK National Health Service’s Improving Access to Psychological Therapies (IAPT) initiative.

NewAccess is a beyondblue program funded by The Movember Foundation and beyondblue. Across Australia three Medicare Locals have been chosen as demonstration sites from now until 2015 and will be subject to full independent external evaluation. North Coast NSW Medicare Local will be implementing this program in your area and you can refer patients to the NewAccess program for support from the 24th of February, 2014.

Which patients should be referred to NewAccess?

Your patients may benefit from the NewAccess program if they are experiencing ongoing early signs of depression and/or anxiety such as feeling:

- Sad
- Moody
- Angry
- Unable to concentrate or sleep
- Some may even say “I’m feeling a little bit depressed or down”

What is NewAccess?

- An early intervention program for people with mild to moderate anxiety and/or depression
- Free, confidential, Low Intensity Cognitive Behavioural Therapy with a focus on self-help techniques
- Sessions are conducted over the phone or face to face

It’s easy for your patients to self-refer to NewAccess:
Visit beyondblue.org.au/NewAccess or make an appointment by calling 1300 137 934

Access more information

To find out more, scan the QR code and watch the video. Or for more information on how you can refer your patients, please visit beyondblue.org.au/NewAccess or call 1300 137 934 today.
COMMUNITY NOTICES

Lismore Tennis Club: (under new management) Open Mon - Fri Private, group and squad lessons. Cnr Ballina Rd & Brewster St, Lismore Call Paul Denning 0419 146 190 or Dean Kyle 0414 826 318

Mary Vidler Debutante Ball: To help raise money for the Breast Cancer Surgery at the Lismore Base Hospital. Please register at Mary Vidler Bridal 16 Carrington Street, Lismore, Phone 6621 6724


Netballers Needed!: Clunes Netball Club is seeking players, new and experienced for 7-9 years, 10-12 years, 13 - 15 years, 14 - 16 years and senior teams. All games played at Ballina Road courts in Lismore on Saturdays. If you are interested in joining please contact Annette McGrath 66291678 or mcgrathx4@westnet.com.au

Library Teen Night: Badge and Keychain making, Thursday 13th March 5pm to 6.30pm at the Lismore Library. Pizza and drinks provided. For bookings and enquiries call 66212464

LATE FOR SCHOOL

Please support your children by encouraging them to arrive on time. All late arrivals need to be supported by a note with your child’s name and roll class signed by a parent/guardian explaining the reasons for the lateness.

SUBSCRIBE ME!!...........

I would like to remind parents you can subscribe to the school newsletter email distribution list. It is easy and it is free. All you have to do is log into whichever email account that you would like to receive the email from and send an email to: kadina-h.admin@det.nsw.edu.au with "subscribe me" in the subject line.

For your convenience

Kadina has EFTPOS for the payment of excursions or fees, no need for cash!

SICKNESS PROCEDURE

If a student becomes sick at school they should:
1. First inform their teacher or any teacher if in the playground.
2. The student should then report to the main office with a note and
3. If necessary parents may be contacted. It is policy that parents are contacted, and asked, where possible, to pick up their child.

Updated information

Do we have your current contact numbers? Please ensure we have your current details so we can contact you in cases your child becomes ill or injured.

Uniform Pool

If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool. Just drop them off at the school canteen. Your support is appreciated!