MEET AND GREET KADINA HIGH

Monday afternoon Kadina High School hosted a "Meet and Greet Kadina High" for principals of our local primary schools. Principals were greeted by the Year 7 Endeavour Class performing some musical items in the Library Foyer before moving on to hear a number of speakers talk about the great opportunities Kadina High School is able to offer. Mrs Lee Boyd outlined the gifted and talented opportunities at Kadina, Mr Mark Ippolito spoke about engaging our Indigenous population and Mr Daniel Matthias spoke about pastoral care programs at Kadina.

Participants then took a tour of our school facilities, including a wood work/metal work demonstration, ending the tour at the Trade Training Centre for a catered afternoon tea.

The afternoon was a great success with all commenting on the great facilities and programs at Kadina High School.

Ian Davies, Principal

PRINCIPAL'S MESSAGE

Year 10 Subject Selection

On Tuesday June 3rd the Rivers Secondary College (Kadina High School, Lismore High School, Richmond River High School) will be holding an information evening at the Lismore Workers Club. The evening will run from 6.30-7.30pm. Year 10 students will receive an invitation next week. This invitation will also outline the timeline for subject selection for 2015.

Senior Students

Year 11 examinations commenced Week 4 and will be completed in Week 5. Students in Year 12 have received their report cards and should take heed of the comments in these report cards. Students should assess where they are at and if needed be reviewing and/or developing time management skills and study routines. These are the essentials for success in the Higher School Certificate.

Cont.
**PRINCIPAL’S MESSAGE cont.**

**School Uniform.**
With the colder weather upon us it is timely to remind students and parents that the winter uniform for students is long black pants. Kadina now sells pants in the school canteen. Students are still expected to wear the school polo tops or senior tops. For warmer clothing, students have an option of either the school green jumper or one of the two types of jackets available in the canteen at reasonable prices.
I remind female students black leg-ins/tights are not a part of our school uniform and are not appropriate attire for school.

**Bus transport**
Behaviour on buses reflects the image of Kadina High School. It is every student’s responsibility to behave in a manner that ensures safety and comfort of the passenger and drivers in accordance with Transport for NSW published Code of Conduct. A full copy of the Code of Conduct can be found on the Transport for NSW web site at www.transport.nsw.gov.au.

**Social Media**
Students must constantly be reminded of the inherent dangers of social media. They need to be aware that whatever they put onto social media is there forever and it can have serious repercussions in the future.
Sites such as Facebook can be informative, and in fact the school Facebook page has been an asset in passing on information. Facebook has reunited friends and families, bands and actors and it has even helped find donors and been a force with other causes. It is a weather channel, good for sports update and ‘real news feed’, re-connecting with classmates and friends. It can be fun to hang out on a weekend posting back and forth with your ‘peeps’ as if hanging together or for sending those ‘cute’ (or stupid?) gifts or playing games like Farmville.
But students need to be mindful Facebook is not an avenue to threaten, intimidate others, nor to vent anger. Parents should check what students are posting on Facebook. For example Facebook stipulates you need to be at least 13 years old to sign up to Facebook. The Facebook terms and conditions set out the rules for posting photos of others on Facebook. These include having the permission and consent of those in the photos to share their image on Facebook. Posting inappropriate comments or photographs without permission or posts that are deemed illegal due to their content maybe subject to state or federal laws.

*Ian Davies, Principal*

**SRC**
As many of you are aware, Miss Forsterling is very unwell and has had to take some time off. Mrs Jacob, Science Teacher, will be providing the teacher support for the SRC in Miss Forsterling’s absence.

**Youth Leadership Forum - 10 June 1014**
A number of our SRC students will be attending a Youth Leadership Forum at Southern Cross University on the 10th of June. The concept of the forum is to inspire and encourage leadership in local youths from the Page electorate, who have the potential to go on and demonstrate leadership in the community as they mature into young adults. Two delegates from the Y20 are attending the forum. These delegates will be able to make recommendations to the G20 based on issues raised at the forum that are of importance to youth, within the “jobs and growth” policy framework established by the Australian Government as Chair of the G20.

**School Social**
There is a school social coming up. The SRC is just nutting out dates and location at this point. So, watch this space, or the Kadina Facebook Page.

*Justine Jacobs, Teacher*

**REMEMINDER ABOUT SAFE FOOTWEAR**
I have noticed of late that many students are coming to all TAS practical lessons wearing shoes that do not meet the Departmental directives on appropriate footwear. The DEC has put in place these instructions in line with requirements from the insurance industry and they are for the safety of our students. All TAS classrooms have a copy of the directive on display in the classrooms.
The DEC has set very clear directions about suitable footwear for practical lessons. This directive can be summarised as “covered shoes made from solid material, preferably leather or vinyl.” Many of our students are wearing cotton canvas shoes which do not protect the feet sufficiently.
Mr Williams sourced approximately 50 pairs or boots for use by the students. However, there are times when three or four classes are running at the same time. There have been times when some students have been set alternate tasks, simply because there are not enough loan boots available. It would be timely, as winter approaches, to consider purchasing shoes for your child that meet the Department of Education directives.
If you wish to discuss this further, do not hesitate to contact me here at school.

*Rhonda Shepherd, Rel Head Teacher TAS*
Above: An Official Kadina High School Facebook page to advise up to date information and changes.

Right: Frontline staff of Kadina have been selecting corporate uniforms.

Below: New Workstations for Frontline staff have created a more modern first impression of Kadina High School
WORK STUDENTS HAVE DONE TO IMPROVE THEIR SCHOOL

Gathering Tree

The tradition of planting trees and animals coming together as a gathering to celebrate who we are. It represents everyone at Kadina coming together. It was designed by Aynele Rivers. People living in the area, like my grandmother, they called it the Gathering Tree. They called it the Gathering Tree because the tree is the same as the land we live on.

The Gathering Tree is a way of being together as a community and working. It is a way to live at the base of the tree.

The students were asked to sign this mural.

Acknowledgement of Country

We acknowledge the Kungarangalawen people who are the Traditional Custodians of the land and country and pay respect to the elders past, present and emerging of the Kungarangalawen and the Noongar people who are the traditional custodians of our region and community.
FOOD REVOLUTION DAY

On Friday the 16th of May all Year 7 students and a Year 5 class from Goonellabah Public participated in the 'Food Revolution Day' at Kadina High school. It was a concept thought up by Jamie Oliver and advertised through his connections with Woolworths, to try and get over one million children from around the world involved in making a 'Rainbow Wrap'. It was a day to educate children about the benefits of cooking and making food from scratch.

Many of the students experienced some vegetables that they had not tried before and the feedback was mostly positive, with some even asking for seconds. The students discussed how food has changed over the past 50 years. They talked about how they are the target of relentless junk food marketing, how they need to take responsibility for their own health and start to make positive lifestyle choices.

I think many of the students were surprised to hear that they may be the first generation of people who may live shorter lives than their parents due to many of the diseases of affluence which we are encountering not only in Australia, but on a global scale.

We would like to thank Ben Gordan, store manager from Woolworths Goonellabah, for donating some of the food and encouraging us as a school to take part in this event.

Janine Russell, Teacher

YEAR 11 VISUAL ARTS WORKSHOP

On Friday 21st of March, students from Kadina’s Year 11 Visual Arts class along with Ms Dess were privileged to be involved in a workshop run by Eckersley Art and Craft Supplies. This workshop was run by the talented Jill Stonnell, who explored with students the use of varying materials, mediums and media with reference to the subject matter of self-image. Jill with her expert knowledge in a range of mixed media techniques engaged the Year 11 students in a range of art activities whereby they produced a series of work within a three hour session. Students were asked to create work from a “selfie” picture which they had taken and then create artworks. After they were shown all the techniques and mediums and completed a work they were asked to extend these images by creating layers of meaning within their artworks through the use of mixed media (all the mediums they had learned). Throughout this session Year 11 students were engaged in a range of art activities whereby they produced a series of work within the three hour session. Students gained a great deal of experience and knowledge of how to produce a “Body of Work” which had concept and varying art mediums. The workshop was highly productive and successful for both the students and me as the Art Teacher.

Ms Dess, Teacher
COMMUNITY NOTICES

INDIGENOUS POSITIVE PARENTING - FREE SESSIONS:
Information on a 5 week program on 12 May at 10 am - 12 midday at
Women Up North, 40 Wyrallah Road, East Lismore The 5 week group
will start on Monday June 2nd, 9th, 16th, 23rd, 30th at 10 am to 12
midday at Women Up North Housing, 40 Wyrallah Road, East Lismore
For more information phone Laurel on 66 217 730; Virginia on 66 250
111; or Eva on 66 215 736
CIRCLE OF SECURITY: Free 3 week parenting program for children
0 - 7yrs. 10am to 1pm Thursdays 29th May - 12 June at Interrelate, 5
Market St Lismore Ph 6623 2750
WALK THE WALK: Raising money for Lifeline, From the Summit
Gym to Crozier Oval, Saturday June 7 9am start and registration from
8am, $20 per family, $10 Individual or $250 Corporate entry. See
www.walkthewalk.org.au
Rotary Bridal & Events Fair: Sunday 1st June 10am to 2pm
Goonellabah Sport and Aquatic Centre. Entry via Gold Coin donation.
Enquiries to 0417 850 809. Presented by The Rotary Club of
Summerland Sunrise Inc.

SICKNESS PROCEDURE
If a student becomes sick at school they should:
1. First inform their teacher or any
teacher if in the playground.
2. If directed to, the student should
then report to the main office with a
note.
3. If the student is unable to immedi-
ately return to class it is policy that
parents are contacted by the school
and asked, to pick up their child.

Updated information
Do we have your current contact
numbers? Please ensure we have your cur-
rent details so we can contact you
in cases your child becomes ill or
injured.

Uniform Pool
If you have outgrown school uniform
tops and jumpers, the school can take
them off your hands to place in the
school uniform pool.
Just drop them off at the school can-
teen.
Your support is appreciated!

Shell Questacon
Science Circus

The Science Circus is coming to
LISMORE!

The Shell Questacon Science Circus is a great opportunity for parents and
children to share, discover and explore science together. You can encourage a
fascination and enjoyment of science by exploring hands-on exhibits.

Come along and spin like an ice-skater, discover how fast you can throw a ball, freeze
your shadow on a wall and test your reflexes.

Spectacular science shows are presented regularly during opening hours. You may see
giant smoke rings, bricks being smashed on someone’s stomach or a Science Circus
presenter holding fire in their hands!

Science toys for sale (cash only).

Goonellabah Sports and Aquatic Centre
50 Oliver Ave, GOONELLABAH
Saturday 7 June 2014
Come any time between
11 am – 4 pm

Admission: Family $18, Adult $6, Student/Concession $5 (cash only).
Children under 5 and student ticket FREE
Children under 12 must be accompanied by an adult
Enquiries: 0417 465 028
questacon.edu.au

Lismore Community
NAIDOC
Celebration Day 2014
Serving Country
Centenary and Beyond
WHEN: Thursday 28 June, 2014
TIME: 10am - 2pm
WHERE: Lismore Show-grounds

Welcome to Country / Savage stalls / Rides / Face Painting - Information stalls
Roving Clown / Jumping Castle / Music & Dancing
Performances by local schools and much more!

DIARY DATES
26 - 29 May
Yr 11 Exams Continue
30 May
Athletics Carnival
3 June
Yr 11 2015 Rivers Night
5 June
Senior Study Day SCU
9 June
Public Holiday
12 June
Vaccinations.
12 & 13 June
Yr 10 Drama Night
11 Nov
Yr 12 Formal
ATHLETICS CARNIVAL

Kadina High School
“Mini” Athletics Carnival
Riverview Park, Lismore
Friday 30th May 2014
(Back up date Thursday 5th June)

Information for Parents and Students

This year **ONLY** the following students will be attending the carnival.

ALL of year 7 who are expected to participate in **at least FOUR (4) events.**
There will be **NO** classes for year 7 at school on this day
Any students from years 8,9,10,11,12 who are expected to participate in **at least FOUR (4) events.**
Selected students from year 9 & 10 PASS and year 11 & 12 SLR classes who don’t wish to compete in events
(to act as officials assisting staff and to complement the event management, coaching and sports administration topics covered in these subjects)

All of these students must collect, complete and return;
**Event Nomination form**
**Permission note**
to the PDHPE staffroom and pay $5 (if travelling on bus) to the School office **by Friday 23rd May**

**ALL OTHER STUDENTS WILL ATTEND SCHOOL FOR NORMAL LESSONS**

Results **will be checked** to see that all attending students have participated in at least FOUR (4) events.
If not, students may;
- Not be selected to represent Kadina at the Northern Rivers Zone Athletics Carnival (even if they have qualified in an event).
- Also lose other sporting privileges for the rest of the year at Kadina.

Qualification for the Zone Carnival will be based on performances/results. Not by placings in events.

Any year 8/9/10/11/12 student who ‘just turns up’ **without having nominated** will **not be able to participate** and will NOT be supervised by staff as they are expected to be at school.

Buses transporting **ALL** participating students (from year 7 to 12) will leave Kadina High School Bus Bay at 9.00am.
Cost is $5.00 and **MUST** be paid to the School Office by Friday 23rd May.
Students will be returned to Kadina by 3.00pm.
Students may be driven to and picked up directly from Riverview Park privately.
**Please indicate this on permission note.**

Attendance will be marked on arrival (9.30am) and before leaving (2.30pm) Riverview Park. Students **DO NOT** go to normal roll marking at school.

Year 12 will be holding a Fundraising **BBQ** and **selling some food and drinks.**
Students can bring their own food and drinks if they wish.

Students can wear school sports uniform or appropriate house coloured clothing. Covered footwear is compulsory!

Students will **NOT** be allowed to leave the venue during the day without written permission.

Please be **SUN SAFE (slip, slop, slap, wrap and shade).** Sunscreen will be available at the Announcing area.
If the carnival is cancelled due to wet weather a message will be posted on Kadina’s Facebook page by 7.30am.

The Northern Rivers Zone Athletics Carnival is on Friday 20th June at Riverview Park.

Mr P Dalli
(Sports Organiser)
ATHLETICS CARNIVAL

KADINA HIGH SCHOOL

‘Mini’ Athletics Carnival

Event Nomination Form

Full Name: ____________________________  Gender:  Male    Female

Date of Birth: ____________________________  Age this year: ________  School Year:

Transport to/from carnival: Bus  (please circle)  (pay $5 to office by Friday 23rd May)

Private

You must compete in AT LEAST FOUR (4) events.

This will be checked after the carnival to ensure students have met this requirement.

If not, students may not be selected for the Zone carnival regardless of results in other events. They may also lose other sporting privileges for the rest of the year at Kadina.

Circle all of the events you will compete in at the School ‘Mini Carnival’

TRACK:

100m   200m   400m   800m

FIELD:

High Jump  Long Jump  Triple Jump  Discus  Shot Put

Javelin

Non competing Year 9/10 PASS & Year 11/12 SLR students assisting staff with carnival officiating (circle if this is you!)

Please note that the following events will NOT be held at this carnival.

1500m  3000m  Walk  Hurdles

See Mr Dalli if you wish to nominate for any of these extra events at the Northern Rivers Zone or North Coast Area Athletics carnivals.

Students Name: ____________________________  Students Signature: ____________________________

Parents/Carers Name: ____________________________  Parent/Carers Signature: ____________________________

Please ALSO complete the permission note on the next page.

Both forms must be returned to PE staffroom by Friday 23rd May along with $5 payment to school office (if going on the bus)