Staff Development Programs

Kadina High School started the new term with a combined Staff Development Day with Lismore High School. The focus of the day was on cultural awareness and was presented by the local AECG - Aboriginal Educational Consultative Group. Ashley Moran from the Department of Environment and Heritage presented an historical account of the people of the Bundjalung nation and their connection to country over the many tens of thousands of years they have occupied the local area. Local Aboriginal people also had an opportunity to share their stories and the stories of their families. To finish the day the staff went to Tucki Tucki where we heard of local traditions and stories. Many staff highlighted this was a valuable and worthwhile exercise towards identifying Indigenous issues and addressing them with actionable Indigenous initiatives.

In Lieu of the Staff Development Day on Friday December 19th, Kadina staff also held an extended day on Tuesday July 22nd, with a further extended day on Tuesday Oct 14th. On that extended day staff was split into two groups. One group attended a workshop on Disability Standards for Education while the other group had a workshop presented by ComSafe on safety and fire hazards. This means students finish on Wednesday December 17th, with the staff having a Staff Development Day on Thursday December 18th, and the school being closed on Friday December 19th.

2014 Computer Skills International Competition and Assessment

Congratulations to the students who participated in the UNSW Computing Skills competition. The Year 9 and 10 cohorts achieved a score above the Australian average. Congratulations to Robert Lingard who received the Principal’s award for his efforts in the competition.

Mr Davies
Principal
In Term 2 the Year 7 Endeavour class studied statistics and made a student survey that students could complete via our school’s Facebook page. After collecting this data the Year 7 endeavour class had to construct graphs to display the data appropriately. Tahli, a student from our Endeavour class has done such a fantastic job I had to share it with everyone, congratulations Tahli for thinking outside the box and creating some amazing graphs!

Mrs Boyd, Teacher

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Our Kadina High School students were invited to participate in the Rivers Sporting Challenge each Thursday morning for weeks 1, 2, 4 and 5 this term. Thanks to parents and families for supporting our involvement. It is a fantastic concept for Public Education in Lismore and will provide our students with excellent experiences they can take into their young adult years. It was truly great to see everyone having fun and guiding the primary students when needed about basic skills and rules for Touch Football. Well done to all of the students involved! You are excellent ambassadors for Kadina High School.

Thanks, Mrs Laverty.

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Fitness Group

All female students have the opportunity to attend fitness sessions with Mrs Laverty on Thursdays at Lunch time in the fitness centre and MPC. Please bring your own water bottle, towel and change of clothes. Time will be given before and/or after to eat your lunch. These sessions will include skipping, boxing and boot camp style classes as well as Cardio workouts with very specific resistance training. Hope to see you there.

Mrs Laverty, Teacher.

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Under 15’s Basketball

Next term we will begin our Gifted and Talented program for our Under 15 boys and girls basketball teams. There will be two training sessions, one of these during sport time on Wednesday morning and the other will be on Monday at Lunch time. If you wish to be considered for either of these teams it is compulsory you attend both of these sessions. If you are unable to attend, please see Mrs Laverty in the PDHPE staffroom as soon as possible.

Mrs Laverty, Teacher.
This term we had the privilege of working with 28 fantastic young women during sport time. IMOB stands for I’m My Own Boss. This program has enabled our girls to take control over and be empowered by the choice of healthy living. We have been able to access our well-equipped fitness centre in the MPC and have had the support of Lismore PCYC staff and their facilities and Southern Cross University student Alex Bruggisser, who is currently completing a Masters in Exercise Science and Nutrition.

Our girls have gained insight into how to maintain a regular exercise program, how healthy eating can make a difference to your overall wellbeing, how important sleep is to stay balanced and happy as well as how to take control of their own physical, social, emotional and intellectual wellbeing.

On behalf of Mr Ippolito, Mr Matthias, Mrs Laverty and Sally Champion we would like to thank these amazing young girls for being prepared to turn the word challenge into change and for embarking on this journey to empower themselves and to take charge of their own health. Thanks must also go to Mr Dalli and Mr Wilkes for supporting this program during sport time as well.

“The Beginning is always the most important part of the work”, Plato.

Keep moving forward girls by being the best you can be. Be your own Boss!

*Mrs Laverty, Teacher*

*Photo below: our girls in the final week of Sport term 2, bonding and reflecting on their successes this term.*
Some wonderful news for our Goonellabah community!

On Tuesday, NSW Sports, Arts and Gaming Minister, Troy Grant, announced that a long overdue upgrade of Clifford Park Goonellabah would proceed shortly.

There are a few paperwork issues to sort but it is expected that the work will commence in December and be completed by Easter 2015.

Minister Grant’s office will be providing Lismore Council with $1,638,690 to upgrade the park with a new clubhouse including new kitchens, change rooms, referees rooms plus a walking track, first class lighting, improved carpark, dog exercise area, exercise equipment and landscaping.

All the old buildings on site will go - including the scout hall.

Thanks to Lismore Council staff and Northern United Junior Rugby League President, Richard Fleming and State Member for Lismore Thomas George, for putting together the application and lobbying for this valuable community asset for the last two years.

Mr Ippolito, Head Teacher English
COMMUNITY NOTICES

CASINO DRIVING SCHOOL 10TH BIRTHDAY
SPECIAL: $10 off one driving lesson till 29 August 2014.
Auto or Manual available. Ph 66626651 or 0418 282 750

ATTENTION YEAR 12 STUDENTS

Formal season is around the corner so we would recommend you take advantage of our pre-paid photography packages that come with great savings. We photograph your arrival, presentation and your year group photograph. We will also be available to take photographs of your friends and family in our studio.

The New Camera House Lismore | 6621 7300

SICKNESS PROCEDURE
If a student becomes sick at school they should:
1. First inform their teacher or any teacher if in the playground.
2. If directed to, the student should then report to the main office with a note.
3. If the student is unable to immediately return to class it is policy that parents are contacted by the school and asked, to pick up their child.

Uniform Pool
If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool.
Just drop them off at the school canteen.
Your support is appreciated!

Updated information
Do we have your current contact numbers?
Please ensure we have your current details so we can contact you in cases your child becomes ill or injured.

News Flash
Jackets, Polo tops and Long Pants have just been restocked in the Canteen.

Uniform Pool

The New Camera House Lismore | 6621 7300