PRINCIPAL’S MESSAGE

Welcome to the 2015 school year. We have had a very settled start to the year.

Year 7

We welcome our new Year 7 students to Kadina High School. 2015 is the second year in a row we have had the opportunity to run four classes in Year 7. One of those classes is the Endeavour class, which has targeted students who went through an interview process to be enrolled in the class. They will be given opportunities to complete the Year 7 curriculum as well as extension work. Further opportunities exist to extend students through a Gifted and Talented program run in 2015 by Ms Scheidler.

Staffing

Several teachers retired at the end of last year. In 2015:

- **Mr Townsend** is our new Deputy Principal.
- **Ms Fields** is our new Head Teacher Welfare and will teach in the HSIE faculty.
- **Mr McCluskie** is our new school counsellor.
- **Mr Clark** joins the Mathematics faculty.
- **Mrs Murray** joins the Mathematics faculty.
- **Mr Lennon** joins the Mathematics faculty.
- **Ms Larrescy** joins the PDHPE faculty.
- **Ms Perry** joins the TAS faculty, and
- **Ms Grant** joins the Science faculty.
Social Media
Kadina High School has an official Facebook page. By liking the Facebook page you can receive important messages as needed. Go to https://www.facebook.com/OfficialKadinaHighSchool

School Calendar
Need to know important school dates - The Kadina website has a calendar

Office Hours
The Kadina High School Office is open between the hours of 8am and 4pm for enquiries and phone calls.

Uniform
The school uniforms can be purchased exclusively at the school canteen between the hours of 8am and 2pm.

2015 Prices-

- **junior boys** (7-10) can purchase the school polo top for $25, black Kadina shorts for $20 and Kadina long pants for $30.
- **junior girls** (7-10) can purchase the school polo top for $25, the new skirt for $30, black Kadina shorts for $20 and Kadina long pants for $30.
- **senior boys** (11-12) can purchase the school shirt for $25, black Kadina shorts for $20, and Kadina long pants for $30.
- **senior girls** (11-12) can purchase the school blouse for $30, the new skirt for $30, black Kadina shorts for $20 and Kadina long pants for $30

**Please note** from the beginning of 2015 the plain green skirt will no longer be a part of the Kadina High School uniform.

With the introduction the school shirt and blouse, the white polo top will be phased out. We appreciate Year 12 students will have purchased the polo tops in 2014 and may wish to wear them in 2015. We would ask Year 11 students to purchase the new uniform options. Currently we have very little stock of the white polo’s and once sold out we will not continue this line.

The uniform is supported by the whole school community including the Student Representative Council, staff and P&C. For further inquiries with regards to sizes please contact Cheryl in the school canteen on 6624 3133.

Ian Davies
Principal

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**Uniform Pool**
If you have outgrown school uniform tops and jumpers, the school can take them off your hands to place in the school uniform pool. Just drop them off at the school canteen. Your support is appreciated!

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**DIARY DATES**
9 February
P & C Meeting
19 February
SRC Induction Assembly
20 February
School Photos
25 February
Rivers 6—7 Transition Evening
Footwear Issue in Practical Subjects

As the new school year begins it is timely that we remind students and parents of the appropriate footwear for students while at school.

WHS requirements state that students attending lessons that create a significant hazard to their health and welfare need to wear sturdy, leather, fully covered footwear. Subjects such as Technology, Industrial Arts, Home Economics, Visual Art and Science are certainly areas that could present hazards to students.

Sandals and thongs are obviously not adequate. Dunlop volley style shoes and slip on canvas shoes with soft fabric uppers and girls wearing open style shoes are also deemed inadequate. Teachers are left with no alternative but to remove students from the practical room and issue them with appropriate alternative work.

We ask parents to try and support the school in maintaining a safe working environment and speak to the school if you have concerns in this area.

C Williams, Head Teacher TAS/CAPA

<table>
<thead>
<tr>
<th>SANDWICHES / ROLLS</th>
<th>COST</th>
<th>HOT FOOD</th>
<th>COST</th>
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</thead>
<tbody>
<tr>
<td>White / Wholemeal</td>
<td></td>
<td>Cheese &amp; Spinach Rolls</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Salad Roll</td>
<td>$3.00</td>
<td>Spinach &amp; Ricotta Rolls</td>
<td>$2.50</td>
</tr>
<tr>
<td>Ham Salad Roll</td>
<td>$3.00</td>
<td>Chicken Nuggets (5)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Salad Roll</td>
<td>$2.00</td>
<td>Chilli Tender Chicken</td>
<td>$1.20</td>
</tr>
<tr>
<td>Satay Chicken Lavash 1/2</td>
<td>$2.00</td>
<td>Chicken Pattie</td>
<td>$1.20</td>
</tr>
<tr>
<td>Egg &amp; Lettuce Sandwich</td>
<td>$3.50</td>
<td>Veggie Pattie</td>
<td>$1.20</td>
</tr>
<tr>
<td>Sushi Rolls (assorted)</td>
<td>$3.50</td>
<td>2 Chilli Tenders on Roll</td>
<td>$3.00</td>
</tr>
<tr>
<td>Egg &amp; Cheese Salad</td>
<td>$3.00</td>
<td>Chicken Pattie on Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Greek Salad</td>
<td>$3.00</td>
<td>Veggie Pattie on Roll</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheese &amp; Bacon Rolls</td>
<td>$1.50</td>
<td>Beef Lasagne (winter)</td>
<td>$3.00</td>
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<tr>
<td>Assorted Muffins</td>
<td>$2.50</td>
<td>Chicken Crackles (5)</td>
<td>$2.00</td>
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<tr>
<td>Assorted Slices/Donuts</td>
<td>$2.50</td>
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<tr>
<td>Finger Bun</td>
<td>$2.00</td>
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<tr>
<td>Choc Chip Cookie</td>
<td>$2.00</td>
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<thead>
<tr>
<th>SAUCES</th>
<th></th>
<th>DRINKS</th>
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<tbody>
<tr>
<td>Tomato</td>
<td>30c</td>
<td>Large Flavoured Milk</td>
<td>$2.80</td>
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<tr>
<td>BBQ</td>
<td>30c</td>
<td>Small Flavoured Milk</td>
<td>$2.00</td>
</tr>
<tr>
<td>Mayonnaise</td>
<td>30c</td>
<td>Large Pure Juice</td>
<td>$2.50</td>
</tr>
<tr>
<td>French Dressing</td>
<td>30c</td>
<td>Small Pure Juice</td>
<td>$1.60</td>
</tr>
<tr>
<td>Sweet Chili Sauce</td>
<td>30c</td>
<td>Large Fruit Drink</td>
<td>$1.20</td>
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<tr>
<td></td>
<td></td>
<td>Small Fruit Drink</td>
<td>$1.50</td>
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<td></td>
<td></td>
<td>Water 600 ml</td>
<td>$1.00</td>
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<td></td>
<td></td>
<td>Pump Water 1 L</td>
<td>$2.00</td>
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<tr>
<td>PIES</td>
<td></td>
<td>Gatorade</td>
<td>$3.00</td>
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<tr>
<td>Curry Beef</td>
<td>$3.50</td>
<td>Peppers</td>
<td>$1.50</td>
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<tr>
<td>Meat</td>
<td></td>
<td>Iced Tea (all flavours)</td>
<td>$3.00</td>
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<tr>
<td>Cheese &amp; Bacon</td>
<td>$2.50</td>
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<td></td>
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<tr>
<td>Cottage</td>
<td></td>
<td></td>
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<tr>
<td>Sausage Roll</td>
<td></td>
<td></td>
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<tr>
<td>YOGHURTS</td>
<td></td>
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<tr>
<td>Fresh Norco Yoghurt 200g</td>
<td>$2.50</td>
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</table>

Updated information

Do we have your current contact numbers?

Please ensure we have your current details so we can contact you in cases your child becomes ill or injured.

LATE FOR SCHOOL

Please support your children by encouraging them to arrive on time.

All late arrivals need to be supported by a note with your child’s name and roll class signed by a parent/guardian explaining the reasons for the lateness.

Now Available in the Canteen:

Uniforms

Extra Stock of Junior Polos and Black shorts have arrived.

Also do you need to get ready for winter? .........School Jackets have arrived—cost $38
# Lismore PCYC Activity Schedule 2015

<table>
<thead>
<tr>
<th>Activity</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thurs</th>
<th>Fri</th>
<th>Information</th>
</tr>
</thead>
</table>
| Aikido                    |           |                   |                   |                    |                   | Junior $6 per session, $10 per week  
| Age: 15+                  |           |                   | 6:00-7:30pm       | 6:00-7:30pm        |                   | Senior $8 per session, $13 per week  
| Active Kids               |           | 9:30-10:15am      |                   |                    |                   | Commencing March 2015  
| Age: 1-5                  |           |                   |                   |                    |                   | $8 per class casual or $60 per 10 week term, if paid in full at start of term, |
| BLAST Fitness             | 6:30-7:30am | 6:30-7:30am      | 6:30-7:30am       |                   |                   | Contact Emilee: 0488 114 929 or blast.fitness@hotmail.com                 |
| Boxing                    |           |                   | 5:30-7:30pm       | 5:30-7:30pm        |                   | Junior $6 per session, $10 per week  
| Age: 12+                  |           | 5:30-7:30pm       |                   | 5:30-7:30pm        |                   | Senior $8 per session, $13 per week                                      |
| Boxing for Fitness        | 4:30-5:30pm | 5:00-6:00pm      |                   |                    |                   | Junior $6 per session.  
| Age: 14+                  |           | 5:00-6:00pm       |                   |                    |                   | Senior $8 per session.                                                      |
| Gymnastics                |           | 3:45-4:45pm       | 3:45-4:45pm       | 4:45-5:45pm        | 4:45-5:45pm       | $80 per class, per 10 week term, if paid in full at start of term,  
| Ages 5-9 & 10-17          |           | 4:45-5:45pm       | 4:45-5:45pm       | 4:45-5:45pm        | 5:45-7:00pm        | or $10 per class if paid weekly.  
|                           |           | 5:45-7:00pm       | 5:45-7:00pm       |                    |                   | $37 Annual Gymnastics  
|                           |           |                   |                   |                    |                   | NSW Registration Required                                                    |
| Indoor Archery            | Open Shoot  
| Age: 8+                   | 7:00-8:30pm      |                   | 7:00-8:30pm        | 3:45-5:00pm        | 5 week intro course $50  
|                           |           |                   | Jr Shoot 3:45-  
|                           |           |                   | 5:00pm             | 5:00-6:00pm        | Junior $6 per session  
|                           |           |                   | Intro Course       | 5:00-6:00pm        | Senior $8 per session                                                    |
| Judo                      | 4:45-5:45pm | 4:45-5:45pm       | 4:45-5:45pm       | 4:45-5:45pm        | 4:45-5:45pm        | Junior $6 per session, $10 per week  
| Age: 6+                   | 6:00-8:00pm  | Special Needs  
| Beginners Advanced        |           | 4:15-5:15pm       | 4:45-5:45pm       | 6:00-8:00pm        | Senior $8 per session, $13 per week.  
|                           |           |                   | 4:45-5:45pm       | 6:00-8:00pm        | Judo NSW registration required                                              |
| Judo for Tiny Tots        | 4:15-4:45pm | 4:15-4:45pm       |                   |                    |                   | $30 per class, per 10 week term, if paid in full at start of term,  
| Age: 2-5                  |           |                   |                   |                    |                   | or $4 per class if paid weekly.                                              |

Cnr Dawson and Orion Sts, Lismore  
Phone 6621 6276  
Email lismore@pcycnsw.org.au  
www.pycnsw.org/lismore
# Lismore PCYC Activity Schedule 2015

<table>
<thead>
<tr>
<th>Activity</th>
<th>Primary School</th>
<th>Combined Beginners</th>
<th>Grades Students</th>
<th>Junior $5 per session</th>
<th>Senior $7 per session</th>
<th>Prior to grading SKIA registration required.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Karate-Do</strong></td>
<td></td>
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<tr>
<td>Age:</td>
<td>Primary School</td>
<td>Combined Beginners</td>
<td>Grades Students</td>
<td>Junior $5 per session</td>
<td>Senior $7 per session</td>
<td>Prior to grading SKIA registration required.</td>
</tr>
<tr>
<td><strong>Kickboxing</strong></td>
<td>5.30-7.30pm</td>
<td>5.30-7.30pm</td>
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<td></td>
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<tr>
<td><strong>Musical Theatre</strong></td>
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<tr>
<td>Year 3-8</td>
<td>4.00-5.15pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$100 per term</td>
</tr>
<tr>
<td><strong>Sober Drivers Course for Learner Drivers</strong></td>
<td>Lismore held every 3 weeks</td>
<td>Grafton 1st Tuesday of each month</td>
<td>Casino 1st Thursday of each month</td>
<td>Program for Learner Drivers with a min. of 50 hrs on-road. Cost $140.</td>
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<tr>
<td><strong>Traffic Offenders Intervention Program</strong></td>
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</tr>
<tr>
<td><strong>Weight Room</strong></td>
<td>Available Mon-Fri 7am - closing; Jnr $8 session, $9 week, Snr $7 session, $12 week, $15 month, $90 3 months, $199 per year.</td>
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</tbody>
</table>
COMMUNITY NOTICES

DENTAL HEALTH CLINICS: Dental treatment for children under 18 years of age is free at NSW Public Dental Health Clinics. Services include routine dental examination and general dental treatment. Phone for an appointment 1300 651 625 press option 2.

MARIST BROTHERS JUNIOR RUGBY LEAGUE: Sign on Saturday 7/2/2015 and 14/2/2015 10am -1pm, Thursday 19/2 4pm–6pm. At Crozier Oval Lismore—next to Oakes Oval. New players please bring original birth certificate. Online re-registration for existing players. Fees $115 includes shorts, socks and a polo shirt. Contact Jason Drew 0401 321 289

NOVEL CRAFTS: Thursday 12 February, 5pm—6.30pm at the Lismore Library. Refreshment provided for bookings and enquiries call 6621 2464

LISMORE THISTLES SOCCER CLUB 2015 JUNIOR SIGN ON: Lismore Sign on Thistles Park, Military Road, East Lismore 9am to 1pm on each Saturday February 2015. Full fees are required to be paid at Sign On or by agreement on the day – however a minimum of 50% of the fees are to be paid at Sign On and the remainder no later than Thursday 30th April 2015. For further information, contact Wayne on 0401 069242.

GOONELLABAH FC 2015: Registration Days at Club Saturday 7 & 14 February, 10am—1pm. Contact John Aldous 0405 161 896 Kevin Franey 0416 218 544

NORTHERN STAR HOCKEY CLUB MEETING: next Tuesday the 03/02/2015 at the Rous Hotel, 6:30pm. Northern Star Hockey Club www.northernstarhc.com.au

SUMMERLAND PHYSIE CLUB SIGN ON: Lismore East Lismore Hall, Wyrallah Road Wednesday 11th February 4pm—5.30pm. For more information call Jess Freeburn 0408 760 843 or Trish Mackney 0408 664 266

COMMUNITY NOTICES

STARTS 10th FEBRUARY

YOUTH CHOIR

VOCAL TECHNIQUE - AURAL SKILLS
SIGHT SINGING - HARMONY - FUN !!!

WITH ANITA BELLMAN

TUESDAY 4:30 - 5:30 PM

$12/$10 per class • High School Students • All abilities welcome (discount for current Conservatorium Students)

www.nrcoc.edu.au • admin@nrcoc.edu.au • 02 6621 2266
Keen & Magellan Sts, Lismore, NSW 2480

Northern Rivers
CONSERVATORIUM

Your place in music
KADINA HIGH SCHOOL
Update of Student Details Form

Student name: ................................................................. Year: ..................................................

Student name: ................................................................. Year: ..................................................

Student name: ................................................................. Year: ..................................................

Nature of Change: ........................................................................................................................................

Please update the following details:

Home Address: ........................................................................................................................................

Mailing Address: ........................................................................................................................................

Email address: ...........................................................................................................................................

Home Phone Number: ..............................................................

Mother/Carers Work Phone Number: ................................................................. Mobile: ..............................................................

Fathers/Carers Work Phone Number: ................................................................. Mobile: ..............................................................

Emergency Contacts:
1. Name: ................................................................. Phone: .................................................................
   Relationship to Student: .................................................................

2. Name: ................................................................. Phone: .................................................................
   Relationship to Student: .................................................................

Changes to Custody/care arrangements: (Please provide copy of orders)
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Other:
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Signature
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Name