ANNUAL KADINA SCHOOL CROSS COUNTRY
LAKE AINSWORTH, LENNOX HEAD
Thursday 11th April (Week 11, Term1)

If postponed due to poor weather it will be held on Thursday 2nd May.
You will then come to school for normal lessons.
This will be announced via Kadina’s Facebook page and also on local radio.

All students are expected to attend and participate.
No students remain at school.

Students meet in the MPC at 9.10am (don't go to normal roll call) and will be sent to buses under teacher supervision.

All students in years 7-11 travel by bus.
Year 12 students are able to travel by bus OR drive/be a passenger ONLY if they have school permission to do so.

Roll mark in house sport groups will occur at Lennox Surf Club on arrival.

All students will walk from Surf Club along beach to top of Lennox Point for race starts.
Students will walk/run from the headland back along the beach to the surf club.

Students receive a lunch voucher after completing the course for a BBQ lunch and drinks.
The Surf club kiosk will also be open.

Students will then take part in activities on the beach in the afternoon.
Please note that NO SWIMMING (in the lake or beach) is allowed.

Please be sun safe (wear hat, appropriate clothing, use sunscreen provided)
Drink plenty of water.
Bring any medications you require eg Puffer for Asthma

Buses return to Kadina by 3.00pm.
Students will only be permitted to stay at Lennox Head after carnival if they have a note from parents/carers.

The cost is $7 and is to be paid on the morning as students board the buses.
This covers bus fare and BBQ lunch & drinks.
Year 12 students who arrive by car pay $4 to the teacher marking their roll at the Surf Club.

School sports uniform or House colours are to be worn.
Covered footwear is required.

The school team for the Zone carnival will be determined by performance/times, not automatically by placings.
The Northern Rivers Zone Cross Country is on Friday 24th May at Lismore Racecourse.

Mr Phil Dalli
Sports Organiser